



WHITE DESERT

ANTARCTICA



WHITE DESERT CLOTHING REQUIREMENTS

FOR MEN



WHITE DESERT CLOTHING LIST

Packing the correct clothing for your trip to Antarctica will ensure that you are both comfortable and safe throughout your adventure. We understand that this can be a daunting task and our team are on hand to answer any questions you may have about selecting the right kit for the environment. There is more information about the clothing you will need in Antarctica on Page 6 of your Guest Handbook (sent to you as part of your welcome email) but this Kit List is also a handy guide to understanding each item that you will need to bring with you, as well as detailing what can be sourced in South Africa.

If you are unable to purchase your own clothing before arrival in Cape Town, you can pre-order all necessary items through a specialist local company, Drifters. This can be done in two ways:

- Order these items directly with Drifters by visiting their online store to access the White Desert Kit [HERE](#). You can reserve your required clothing by clicking on the items, creating a basket and then following the purchase directions. Once you reach the Payment page, please select 'Direct EFT' which will create an order request – this will be emailed to you as confirmation of your order, you should receive this email within the hour. Payment will be made at your safety briefing in Cape Town.
- Complete the attached Kit List order form and return to guestadmin@white-desert.com. Whichever method you choose, your items will then be waiting for you at your safety briefing for you to try on and change as necessary. You will only pay for these items at the briefing – please note that card or cash (Rand) payment is accepted.

Alternatively, you may purchase your own clothing independently or use items of ski gear that you already own. If you plan to do this, it is imperative that the items that you bring with you to Cape Town match the quality and specifications of the garments detailed in this guide.

If you have any questions regarding this, please contact your guest liaison at White Desert (guestadmin@white-desert.com) who will be happy to advise you.

NB. Drifters products are available whilst stocks last. Should an item be no longer available in requested size/colour, we will aim to source comparative products, please be aware that some of the prices may fluctuate slightly due to availability in South Africa.

MEN'S CLOTHING



click on **Fill & Sign** to add your order quantity in the size boxes provided and to place your signature on PDF

REQUIRED

Name(s): _____

eg. Insert your order quantity in the size box:

S M L XL XXL

OUTER LAYER



ZAR 4,999

SPRAYWAY MEN'S REACTION LONG GORE-TEX JACKET

Colour: **Cobalt, Racing Red**

- Waterproof & windproof Gore-Tex outershell jacket
- 2-layer Construction
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL XXL

MID LAYER



ZAR 2,299

SPRAYWAY MEN'S HORTON INSULATED JACKET

Colour: **Black**

- Synthetic insulated, midlayer jacket
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL XXL

MID LAYER



ZAR 1,399

SPRAYWAY MEN'S STORR FLEECE JACKET

Colour: **Black**

- Lightweight Polartec Fleece Jacket
- Recommended Quantity: 1 or 2

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL XXL

BASE LAYER



ZAR 1,499

ICEBREAKER MEN'S OASIS THERMAL TOP

Colour: **Black**

- 100% Merino Wool Thermal Crew-Neck Base Layer
- Recommended Quantity: 3

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL XXL

OUTER LAYER



ZAR 3,999

SPRAYWAY MEN'S GORE-TEX MOUNTAIN RAINPANTS

Colour: **Black**

- Waterproof & windproof Gore-Tex outershell pants
- Durable 3-layer Construction
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL XXL

MID LAYER



ZAR 1,299

FIRST ASCENT K2 POWERSTRETCH TIGHTS

Colour: **Black**

- Technical Polartec Powerstretch Fleece Tights
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

XS S M L XL XXL

BASE LAYER



ZAR 1,499

ICEBREAKER MEN'S 200 THERMAL LEGGINGS

Colour: **Black**

- 100% Merino Wool Thermal Base Layer leggings
- Recommended Quantity: 2

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL XXL

OUTER LAYER



ZAR 269

BRIDGEDALE ALL MOUNTAIN MEN'S SOCKS

Colour: **Various**

- Long, warm mountaineering & ski socks
- Recommended Quantity: 3 PACKS

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL

MEN'S CLOTHING

REQUIRED



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eg. Insert your order quantity in the size box:

S M L XL XXL

BASE LAYER



BRIDGEDALE THERMAL LINERS - 2 PACK ZAR 269

Colour: Grey

- Thermal liner socks
- 2 pairs per pack
- Recommended Quantity: 3 PACKS

HAND LUGGAGE

Insert your order quantity in the size box:

S M L XL

ZAR 7,499

SCARPA RIBELLE HD

Colour: Brown

- Supportive & waterproof technical mountaineering boots
- Recommended Quantity: 1

HOLD LUGGAGE

Insert your order quantity in the size box:

42 43 44 45 46 47

OR



BUFF CYCLONE ZAR 699

Colour: Various

- Windproof Buff/neck gaiter
- GORE® WINDSTOPPER®
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

One size

ZAR 7,399

LA SPORTIVA MEN'S TRANGO ALP

Colour: Carbon / Moss

- Supportive & waterproof technical Gore-Tex mountaineering boots
- Recommended Quantity: 1

HOLD LUGGAGE

Insert your order quantity in the size box:

41 42 43 44 45 46 47 48

OUTER LAYER



BLACK DIAMOND SOLOIST GLOVES ZAR 2,499

Colour: Black

- Insulated, waterproof outer-shell gloves
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

XS S M L XL

MID LAYER



BLACK DIAMOND MIDWEIGHT SOFTSHELL GLOVES ZAR 899

Colour: Dark grey

- Windproof, insulated midweight gloves.
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

XS S M L XL

BASE LAYER



BLACK DIAMOND LIGHTWEIGHT WOOLTECH GLOVES ZAR 649

Colour: Black

- Lightweight Wool-infused liner gloves
- Recommended Quantity: 1 or 2

HAND LUGGAGE

Insert your order quantity in the size box:

XS S M L XL

ZAR 499

FIRST ASCENT WINDPRO BEANIE

Colour: Black

- Polartec Windpro fleece beanie
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

One size

MEN'S CLOTHING

REQUIRED



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eg. Insert your order quantity in the size box:

S M L XL XXL



ZAR 349

FIRST ASCENT DUNDEE HAT

Colour: Various

- UV Protective sunhat
- Adjustable and includes neck flap
- Recommended Quantity: 1

HOLD LUGGAGE

Insert your order quantity in the size box:

M L



ZAR 2,599

BOLLE Y7 OTG

Colour: Grey

- UV protective, ventilated mountaineering goggles
- Recommended Quantity: 1

HOLD LUGGAGE

Insert your order quantity in the size box:

One size



ZAR 1,999

BOLLE ASCENDER SUNGLASSES

Colour: Black

- Mountain glasses
- Category 2-4 photochromic
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

One size



ZAR 399

SOLRX PROSPORT SUNSCREEN SPF 50

- Maintains SPF for up to 8 hours (*please use maximum formulas if purchasing elsewhere)
- 120ml
- Recommended Quantity: 1 or 2

HAND LUGGAGE

Insert your order quantity in the size box:

One size



ZAR 2,799

PETZL DUFFEL BAG - 85L

Colour: Yellow

- Large, durable duffel bag for gear
- Recommended Quantity: 1

HOLD LUGGAGE

Insert your order quantity in the size box:

One size



ZAR 3,499

OSPREY TALON 36 BACKPACK

Colour: Black

- Lightweight Technical day pack
- 34L capacity
- Recommended Quantity: 1

HAND LUGGAGE

Insert your order quantity in the size box:

S/M M/L

SIZING CHARTS

MEN'S SIZE CHART

SIZES		XS	S	M	L	XL	XXL	XXXL
BODY	CM INCHES	168 - 172 66 - 67,5	172 - 176 67,5 - 69	176 - 180 69 - 71	180 - 184 71 - 72,5	184 - 188 72,5 - 74	188 - 192 74 - 75,5	192 - 195 75,5 - 77
CHEST	CM INCHES	90 - 94 35,5 - 37	94 - 100 37 - 39,5	100 - 104 39,5 - 41	104 - 112 41 - 44	112 - 120 44 - 47	120 - 128 47 - 50,5	128 - 136 50,5 - 53,5
WAIST	CM INCHES	76 - 80 30 - 31,5	80 - 86 31,5 - 34	86 - 92 34 - 36	92 - 98 36 - 38,5	98 - 106 38,5 - 41,5	106 - 114 41,5 - 45	114 - 122 45 - 48
HIP	CM INCHES	90 - 94 35,5 - 37	94 - 100 37 - 39,5	100 - 104 39,5 - 41	104 - 112 41 - 44	112 - 120 44 - 47	120 - 128 47 - 50,5	128 - 136 50,5 - 53,5
INSEAM	CM INCHES	78 - 80 30,5 - 31,5	80 - 82 31,5 - 32	82 - 84 32 - 33	84 - 86 33 - 34	86 - 88 34 - 34,5	88 - 89,5 34,5 - 35,5	89,5 - 91 35,5 - 36

MEN'S PANT CHART

SIZES		XS/28	S/30	M/32	L/34	XL/36	XXL/38	3XL/40
WAIST	CM INCHES	71 28	76 30	81 32	86 34	91 36	96 38	101 40

MEN'S SHOE SIZES

US	EURO	UK	JAPAN	INCHES	CM
7	40	6.5	250	9.625"	24.4
7.5	40-41	7	255	9.75"	24.8
8	41	7.5	260	9.9375"	25.4
8.5	41-42	8	265	10.125"	25.7
9	42	8.5	270	10.25"	26
9.5	42-43	9	275	10.4375"	26.7
10	43	9.5	280	10.5625"	27
10.5	43-44	10	285	10.75"	27.3
11	44	10.5	290	10.9375"	27.9
11.5	44-45	11	295	11.125"	28.3
12	45	11.5	300	11.25"	28.6

CLOTHING AND EQUIPMENT TO BE LOANED BY WHITE DESERT

- 1 x heavy, insulated down jacket (a warm over-jacket for cold days)
- 1 x heavy, insulated down pants (if people are really feeling the cold, or for the South Pole flight)
- 1 x over mitt (warm mittens, provided when necessary)
- 1 pair Baffin boots (rated -100 degrees, warm and comfortable, used during your excursions to the South Pole and Atka Bay)
- 1 x sleeping bag (for use during the South Pole excursion)

Please note that all items must to be returned to White Desert at the end of your adventure

PERSONAL ITEM TO BE BROUGHT BY GUESTS

- Trainers and / or hiking boots (to be used around camp and when walking on rocks to approach our ice activities)
- 3-5 casual t-shirts, shirts and jumpers to be worn when relaxing around camp
- 2-3 pairs of casual trousers to wear around camp
- Underwear
- Biodegradable toiletries (please bear in mind that any liquids over 100ml will need to be packed in hold luggage)
- Slippers to wear in your pod (if you wish)

IF DESIRED:

- Camera (we can backup images at camp on laptops)
- Video camera
- Laptop, iPad, smart watch
- Adapters for charging electrical items (there are charging facilities at camp that work with South African plugs)
- Books, journal, pen
- USD in cash for any purchases at the camp shop, staff tips and internet/satellite phone usage
- Any medication (with extra in case of delay departing Antarctica)

